



Aspen Hill Club



2010 Fall/Winter Junior Tennis Program

“World Class People and Programs”



Contact Jeff Klein - Tennis Director
(301) 598-5200 ext. 118 Fax (301) 598-4110
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Claude Grady - Elite Performance Group Director
John Parsley - Assistant Junior Tennis Director ext. 120

Program Dates: Semester One - 15 week program - September 17, 2010 to January 15, 2011 *
Semester Two - 15 week program - January 9, 2011 to April 30, 2011
No Classes: November 25 to November 27, December 24 to January 1
Multi-Semester (30 week) Discount Available!

Program Titles and Structure

- **Young Stars:** This hour long session is designed for beginners ages 4 to 7. Special exercises and games present tennis fundamentals with the **Quick Start System** to help make tennis fun and build hand-eye coordination. Basic catching, hitting and throwing skills are highlighted.
- **Beginner Tennis Skills:** Two hours of fun and games for children, 8 to 15 year olds who play a small amount of tennis. This class will help with the basic understanding of tennis and lead up to the young player working on a reliable rally.
- **Advanced Beginner Tennis Skills:** Having demonstrated the ability to rally, these young players between the ages of 8 and 15 are ready to challenge themselves. They will have to face challenges that require a healthy mental outlook and increased patience. Our goal is to play full court tennis.
- **Intermediate Tennis:** Cooperative and competitive drills are used extensively to enhance the offensive and defensive skills necessary to compete. Focus is on stroke technique, but strategy will be emphasized. Players ages 8 to 15.
- **Mini-Advanced Tennis:** These rising stars between the ages of 8 and 12 show the desire and ability to start playing tournaments.
- **High School/Advanced Intermediate:** This is for players 12 and up who want to play tennis at the high school level and may have a desire to play tournaments. These players are on a more recreational track and may have a desire to move up to Advanced Tennis.
- **Advanced Tennis:** This group is for players who actively participate in Mid-Atlantic Tournaments or who play on their High School team, and who show a desire to work hard and develop their skills. **AHC's exclusive Mental Toughness Training (MTT)** will be taught. Fitness training is also available two times per week (Tuesday and Thursday) for one half hour following clinic.
- **Elite Performance Group:** Designed for maximum results, Mid-Atlantic top 35 ranked players in their age group who participate in regional and national tournaments will work with AHC's **MTT**. Fitness training is also available two times per week (Tuesday and Thursday) for one half hour following clinic.

<i>Select all that apply</i>			<i>Ages</i>				
	<u>15 weeks</u>	<u>30 weeks</u>			<u>15 weeks</u>	<u>30 weeks</u>	
Young Stars			Young Stars				
_____ Member	\$211	N/A	4 - 5	Monday 4:00 - 5:00pm	_____		
_____ LPM	\$275	N/A	6 - 7	Monday 5:00 - 6:00pm	_____		
			4 - 5	Wednesday 4:00 - 5:00pm	_____		
			6 - 7	Wednesday 5:00 - 6:00pm	_____		
Beginner/Advanced Beginner			Beginner/Advanced Beginner				
_____ Member	\$553	\$1041	8 - 15	Tuesday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253	8 - 15	Friday 4:00 - 6:00pm	_____	_____	
			8 - 15	Sunday 12:00 - 2:00pm	_____	_____	
Intermediate/Advanced Intermediate			Intermediate/Advanced Intermediate				
_____ Member	\$553	\$1041	8 - 15	Monday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253	8 - 15	Friday 4:00 - 6:00pm	_____	_____	
			8 - 15	Saturday 4:00 - 6:00pm	_____	_____	
			8 - 15	Sunday 2:00 - 4:00pm	_____	_____	
Mini Advanced			Mini-Advanced				
_____ Member	\$553	\$1041	8 - 12	Wednesday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253	8 - 12	Sunday 2:00 - 4:00pm	_____	_____	
High School/Advanced Intermediate			High School/Advanced Intermediate				
_____ Member	\$553	\$1041	12+	Monday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253	12+	Saturday 4:00 - 6:00pm	_____	_____	
Advanced (High School/Junior Advanced)			Advanced (High School/Junior Advanced)				
_____ Member	\$553	\$1041		Tuesday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253		Wednesday 4:00 - 6:00pm	_____	_____	
				Thursday 4:00 - 6:00pm	_____	_____	
				Sunday 4:00 - 6:00pm	_____	_____	
Elite Performance Group			Elite Performance Group				
_____ Member	\$553	\$1041		Tuesday 4:00 - 6:00pm	_____	_____	
_____ LPM	\$650	\$1253		Wednesday 4:00 - 6:00pm	_____	_____	
				Thursday 4:00 - 6:00pm	_____	_____	
				Sunday 4:00 - 6:00pm	_____	_____	

Drop in rate for members: \$48 + .50, LPM: \$52 + .50 (for all program except Young Stars)
Prices include taxes.



Aspen Hill Club

14501 Homecrest Road Silver Spring, Maryland 20906

Phone (301) 598-5200 Fax (301) 598-4110

www.aspenhillclub.com



Important Information...tear off and keep

Thank you for considering our Junior Tennis Program. Providing your child with an opportunity to learn and play the game of tennis will pay big dividends. The skills acquired in tennis will help your child to excel in other sports as well. We feel the most important benefit is that your child is learning a sport they will be able to play the rest of their lives. Our goal is to inspire your child to develop their game as far as they want it to go.

Cancellations and Withdrawals: Must be received in writing prior to the start of the program and are subject to a \$100 service charge. If a student cancels/withdraws due to injury or illness after the program begins, all payments will be pro-rated appropriately. Physicians notice must be provided in order for a prorated refund.

Missed Classes, Make-Ups and Inclement Weather: Missed classes must be made up during the current semester. Call John Parsley at ext. 120 to schedule make-ups. No refunds will be given for missed classes. If Montgomery County schools are closed or dismissed early due to inclement weather, class may still be held. Call the Front Desk by 1:00pm for information regarding your class.

*** Program Dates: Sunday through Wednesday classes end on 1/5/11. Classes will not be held: November 25 to November 27 and December 24 to January 1.**

Behavior: Any student who behaves in a disruptive manner or in a manner that limits the other students enjoyment or learning will be subject to expulsion without refund.

Discounts (Full Members Only): A 5% discount for full payment and registration by August 25, 2010. A 3% discount for other siblings. There is also a 5% discount for additional day registrations. The A & A tax is not subject to a discount. Ask us about our refer a friend program! **Discounts do not apply to LPM members or LPM membership fees.**

Delinquent Payments: All delinquent payments will be sent to an outside collections agency. All reasonable collection fees, returns, and NSF fees are your responsibility. All NSF items are processed under Maryland Commercial Law Code Ann 3.512.

Limited Program Membership: In order to participate in any Aspen Hill Club Junior Tennis Program, one must be a full tennis member of the Club or purchase a Limited Program Membership. **The fee is \$85 for an individual and \$50 for each additional sibling.** The Limited Program Membership application must be completed with payment prior to the start of the program. In order to take private or group lessons, one must be a member of the Club or an LPM participating in the Junior Program.

Cut Here... Important: Please complete, sign and date registration form.

2010 Fall/Winter Registration

Name: _____ Date: _____

Birth Date: _____ Age: _____ Sex: Male Female

Parent's Name: _____

Address: _____

City _____ State _____ Zip _____
Home Phone: () _____ Work Phone: () _____
Cell Phone: () _____ E-mail: _____

Physical Limitations: Do you have any physical limitations or injuries which might inhibit or limit your activity in this program?
Yes No If yes, please explain: _____

Circle one: Check Aspen Hill Account Credit Card#: _____ Exp. Date: _____

Make Checks Payable to: Aspen Hill Club **IMPORTANT:** Please sign and date registration!

Mail to: 14501 Homecrest Road, Silver Spring, Maryland 20906 **Attention:** Jeff Klein

The Aspen Hill Club Photography Waiver: I hereby waive any and all rights to and expressly grant permission to The Aspen Hill Club to reproduce the images they create of me, my family and/or others photographed as part of marketing or other business purposes. I give them my permission to use these images for display, advertising, and publication.

Signature _____ Date _____

PLEASE SIGN BELOW

By entering this agreement, I waive and release the Aspen Hill Club Limited Partnership, Aspen Hill Tennis Inc., their owners, officers, servants, employees, agents subsidiaries, affiliates and/or partners from any and all liability, claim, or cause of action whatsoever arising out of any damage, loss or injury to person or property while upon the premises of the Club or while participating in any activity at the Club or any activity contemplated by this agreement, whether such loss, damage, or injury results from the negligence of Aspen Hill Club Limited Partnership, Aspen Hill Tennis, Inc., their officers, servants, employees, agents or from other cause.

Notwithstanding the above, the member agrees that any remedy that he/she be entitled to shall be solely and exclusively limited to damages in the amount not to exceed the fees actually paid by the member for services or activities associated with this agreement. Any and all other remedies or damages are hereby expressly waived by the member.

Signature _____ Date _____